Wilderness & Remote First Aid

Required by Girl Scouts whenever an activity takes place in a location where EMS response would exceed 30 minutes.

Meets BSA Wilderness First Aid requirement.

Date/Time: Saturday Jan 23 8:30am – 5:30pm – Scout Hut, Redwood Park, Arcata
Sunday Jan 24 8:30am – 5:30pm – Scout Hut, Redwood Park, Arcata

Cost $70.00 Registered Boy Scout Leaders and Scouts (Must be14 or older).
$45.00 Registered Girl Scout Leaders and Scouts (Must be14 or older).
(Limited financial aid is available for registered Girl Scouts)

This course prepares you with the skills necessary to respond to emergencies in situations when professional help may be delayed or unavailable. This course is especially designed to meet the needs of outdoor enthusiasts, people working in remote environments and the leaders of youth groups in outdoor pursuits.

Possession of a valid CPR certificate is a requirement for receiving a Wilderness and Remote First Aid certificate. If you need CPR Certification, please let me know and I will run CPR ONLY course. Call or email Derek 707-648-8183 or djkingham@outlook.com



Some of the subjects covered include:

- Initial and Secondary Patient Assessment
- Emergency leadership
- How to call for help
- Wilderness treatment of Shock
- Head (Brain), Neck & Spinal Injuries
- Hypothermia and Heat Related Emergencies
- Bone and Joint Injuries
- Burns, Wounds and Wound Infection
- Chest and Abdominal Injuries
- Altitude Related Illnesses
- Submersion (Drowning) Incidents
- Emergency Evacuations
- Outdoor Hygiene

Participants who successful demonstrate required skills will be awarded an American Red Cross certificate in Wilderness and Remote First Aid valid for a period of two years.

Register at: redwoodgirlscouts.org/event

For information:
Derek Kingham 707-839-3714
djkingham@outlook.com.