



CAMP TALL TREES



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2026 COUNSELOR IN TRAINING INFORMATION PACKET

Howland Hill – Forest Friends & Explorer Camp

Session	Departure	Return/Pick Up
Forest Friends	Derek's House 9:00am Sun 8/2	Derek's House Wed 8/5 5:00 pm
Explorer	Derek's House 6:00pm Wed 8/5	CIT's will need to be picked up Tue 8/11 at 3:00pm from Howland Hill. (There are good possibilities to arrange carpooling with other families.)

Directions to Howland Hill

Camp Tall Trees is not being held at the Wolf Creek Education Center this year. Please be aware that Howland Hill Outdoor School is not marked on most maps. Some software, including Google Maps and most GPS systems will give you incorrect directions. We recommend that you use the following directions.

- Travel north on Hwy 101 towards Crescent City.
- The **FIRST** stoplight you come to is **ELK VALLEY RD.** Turn right onto Elk Valley Road
- After 1.1 miles turn right on to **HOWLAND HILL RD.**
- After 2.25 miles Howland Hill Rd will become a narrow curvy one lane road which climbs steeply.
- After another 0.5 miles the paved road will end.
- You will see three gates. One across Howland Hill Road itself (which should be open), one to your left (likely locked) and one to your right.
- The entrance to Howland hill is through the gate on your **RIGHT.**

If you are travelling south on Hwy 101, Elk Valley Road will be the **LAST** stoplight before leaving town.

Medications - If your CIT requires prescription or over-the-counter medication, please give the medications to the camp health supervisor at registration. Medications must be in their original container along with signed written instructions regarding timing and dosage. We will return any unused medication when you pick up your camper. If the nature of the medication (for example Inhaler) is such that it needs to be carried by your CIT, and they have been trained in its use, please discuss this with the health supervisor.

Emergency Contact Information – Camp Tall Trees will have very spotty/no cell phone service. If you need to contact us in an emergency, please contact Cheryl Kingham 707-502-8929 (mobile) or 707- 839-3714. Who will relay the messages to us, and we will get back to you as soon as possible.

Emergencies - In the event of an emergency, serious injury or sicknesses we will make every effort to contact you as soon as possible and seek your advice and consent for treatment of your CIT. If we are unable to reach you, or the situation is urgent or life threatening, we will take all necessary decisions and consent to your CIT's treatment as required by the situation, until such time as we are able to contact you.

Insect Repellant - If we encounter insect problems, we will use insect repellant that contains Deet. If you prefer to use a different type of insect repellant, please let us know and send it with your CIT.

Food Allergies – If your CIT has any food allergies or special dietary needs, please confirm the details and discuss with the camp health supervisor at the time you check in.



CAMP TALL TREES 2026 - CIT PACKING LIST

Do not bring valuable items or clothing. Clothing should be suitable for outdoor wear and you should expect it to get dirty and/or damaged. To reduce the possibility of problems with animals, NO FOOD is allowed in the cabins or tents.

- Small backpack suitable for outings.
- Water bottle that can be carried.
- Sun Block.
- Hat.
- **Please bring a WRISTWATCH.** You are responsible for showing up on time so you must have a reliable way of telling the time.
- Your CIT or PA Binder with ideas for Songs, Graces, Skits & Games

- Clothing for number of days you will be in camp
 - Long Pants (Minimum 2)
 - Shorts
 - Long Sleeve Shirt (Minimum 2)
 - Short Sleeve Shirt
 - Underwear and socks
- **WINDBREAKER**/Shower proof jacket
- Warm sweatshirt or sweater, *(It will be chilly in the morning and evening)*
- Warm Pajamas or Sweat Pants & Sleep Shirt
- Hand towel
- Flashlight/Headlamp (Red if possible)
- Sleeping Bag,
- An extra blanket.
- Pillow.
- Hairbrush & Hair Ties
- Plastic Bag for dirty laundry.
- Wet Wipes
- If you might be menstruating while at camp, please bring appropriate supplies.
 - In a suitable toiletry bag. Tooth Brush, Tooth Paste, Travel Soap, Deodorant etc.
(Unlike Wolf Creek you will keep these items with you in the tent/cabin)
- Spare pair of closed toe shoes.

(When selecting shoes remember they need to be suitable for climbing wall, caving, hiking, at the river and other active outdoor activities.) **NO FLIP FLOPS, UGGS, CROCS or SANDALS**