





1635 Prairie Hawke Court McKinleyville, CA 95519 (707) 839 3714 Email: camptalltrees@redwoodgirlscouts.org Web: www.redwoodgirlscouts.org/camp

## **2025 Under the Stars** - Including Transport

**Departure Meeting Point:** 

Sunday June 22 at 9:30 AM Dows Prairie School, McKinleyville. 3940 Dows Prairie Rd.

Please park at the school, we will be checking in your camper and their gear. Expect to spend up to 30 minutes checking your camper in.

- We will ask you to review the health form that we have on file to confirm there are no changes and give you an opportunity to discuss any health concerns you have.
- If your camper takes any drugs, we will check them in.
- Our food supervisor will check with you regarding food allergies or other dietary concerns.
- We will be loading lots of gear so PLEASE:
  - Make sure your camper can recognize their gear.
  - Everything must be packed in a **closed** bag or bags, loose gear or open bags will almost certainly result in lost items.
- If your camper is prone to car sickness, please let us know so we can try to place them in the best location in the vehicle. If appropriate, please have them take motion sickness medication when you arrive at school (we will likely not be leaving for at least 30 minutes).
- We will have access to a bathroom before departure and will stop twice to break the journey.
- The camp will provide lunch along the way, and we expect to arrive at camp around 3pm.
- Be sure that your camper has a water bottle with them and that it contains water!
- If for any reason you will be late please immediately contact us at 707-502-8929.

## Return Pick Up Point: Saturday June 28 at 3:00pm

We will be returning to Dows Prairie School. Again, please park at the school.

- We expect to return by 3:00pm, however it is possible we may encounter delays along the way.
- Please be sure to pick up all your camper's gear.
- We will return any unused drugs

<u>Medications</u> - If your camper requires prescription or over-the-counter medication, please give them to the camp health supervisor at registration. Medications must be in their original container along with signed written instructions regarding timing and dosage. We will return any unused medication when you pick up your camper. If the nature of the medication (for example Inhaler) is such that it needs to be carried by your camper, and she has been trained in its use, please discuss this with the health supervisor.

<u>Emergency Contact Information</u> – Camp Tall Trees has limited cell phone service. If you need to contact us in an emergency, please contact Cheryl Kingham 707-839-3714 (home) or 707-502-8929 (mobile). Cheryl will relay the messages to us, and we will get back to you as soon as possible.

**Behavior** – On the first day of camp, Counselors and Girls will discuss behavior standards and agree on some group norms. Please discuss the following issues with your camper prior to camp.

Camp Tall Trees will use a "three strikes and you're out" policy for girls that refuse to follow behavior standards or repeatedly break the agreed group norms.

- 1st Incident Campers are given a verbal warning
- 2nd Incident Campers are given a second verbal warning

3rd Incident Campers will be asked to leave the activity and will be escorted by an adult to the camp director or assistant director where the girl(s) will discuss the incident and its consequences.

<u>Grievous or Criminal Behavior</u>: Repeated refusals to follow behavior standards or behavior that endangers the safety of others or involves the malicious destruction of wildlife, camp facilities or property, fellow Girl Scout's property, and/or bodily injury may result in the immediate dismissal from camp. If your camper is dismissed from camp, you will be expected to pick them up as soon as possible.

<u>Emergencies</u> - In the event of an emergency, serious injury or sicknesses, we will make every effort to contact you as soon as possible and seek your advice and consent for treatment of your camper. If we are unable to reach you, the situation is urgent or life threatening, we will make all necessary decisions and consent to your camper's treatment as required by the situation, until we are able to contact you.

<u>Homesickness</u> - If a camper experiences home sickness, calls to home will frequently increase their feeling of separation. Accordingly, a camper who experiences homesickness will be discouraged from calling home. If homesickness is a serious problem, the camp director or designee will call you to discuss the situation and solicit your advice.

<u>Sun Block</u> - Please send your camper with a good sun block. Prior to the trip, please instruct them in the use and application of sun block.

<u>Insect Repellant</u> - If we encounter insect problems, we will use insect repellant that contains Deet. If you prefer to use a different type of insect repellant, please let us know and send it with your camper.

**Food Allergies** – If your camper has any food allergies or special dietary needs, please confirm the details and discuss with the camp health supervisor at the time you check in.

<u>Mail -</u> If you wish your camper to receive mail during camp, you may leave it with us at the time of check in with a note indicating the day you wish it delivered.

<u>Phone</u> – There is some limited mobile phone reception at Flumet Flat. However, there will be no opportunity to charge phones. We ask that mobile phones be left in the car when you drop off your Girl Scouts. Apart from the charging issue, it will be extremely easy to either damage or lose a phone.

**<u>Hygiene</u>** – There is no running water at camp; we will however have access to potable water which will be used mainly for drinking, cooking and will be available in limited quantities for hygiene.

We will be using portable toilets and will have hand washing stations. On a regular basis, we will be reminding the girls of the importance of hand washing. Hand sanitizer will also be available at each campsite. Girls will have the opportunity every day to visit the creek, however they may **NOT** for environmental reasons, wash or use soap in or near the creek. There will be an opportunity to wash hair at least once using biodegradable soap at the campsite.

<u>Offsite Travel & Money</u> - Older Campers will visit Lava Beds National Monument where they will have the opportunity to go spelunking and learn about the Modoc Wars. While younger campers will visit the Great Cats World Park, the Smoke Jumpers Base and the Kerbyville Museum. In either case there will be a limited opportunity to spend money. We ask that you limit spending money to no more than \$20.00.





## CAMP TALL TREES 2025 Under the Stars PACKING LIST

Your camper will be expected to carry their own bag and will need to be responsible for their own belongings. Do not send valuable items or clothing. Clothing should be suitable for outdoor wear, and you should expect it to get dirty and/or damaged. Please mark items with your camper's name.

To reduce the possibility of problems with animals, NO FOOD is allowed in the tents. Any food found in personal gear or tents will be confiscated, please do not allow your camper to put candy or other food items in their bag. There will be plenty of food and snacks available.

There will only be a very limited opportunity to spend money. Please LIMIT SPENDING MONEY TO \$20.00.

- <u>Small backpack</u> Suitable for carrying a towel, water bottle, sun block, sweatshirt, etc.
  - Water bottle that can be carried.
  - o Sun Block.
  - o Hat.
- Bag or knapsack that your camper can carry their belongings in:
  - We will be at camp for seven days and six nights. While it may be cool in the evenings and mornings, we expect it to be in the 90's in the afternoons. Light loose-fitting clothing will be the most comfortable.
    - o Long Pants (1)
    - Jeans or similar suitable for caving (1)
    - o Shorts (2)
    - Long Sleeve Shirt (2)
    - Short Sleeve/Sleeveless Tops (4)
    - Underwear and socks (6 pairs)

## o **WINDBREAKER** /Shower proof jacket

- Warm sweatshirt or sweater, (It can be chilly in the morning or evening)
- o Pajamas or Sweatpants & Sleep Shirt
- o Swimsuit
- o Beach towel
- o Small hand towel
- Flashlight (a Headlamp is best)
- Sleeping Bag (consider an additional blanket)
- Sleeping Mat
- o Pillow.
- o Hair Ties.
- o Hairbrush
- Plastic Bag for dirty laundry.

(When selecting shoes remember they need to be suitable for hiking.) **PLEASE NO FLIP FLOPS, UGGS, CROCS or SANDALS** 

- Spare pair of closed toe athletic shoes or similar.
- Closed Toe water shoes or athletic shoes that can be worn when hiking in the creek.
  (NO FLIP FLOPS). Please don't forget this, every year we have girls who forget to bring water shoes and end up with no dry shoes.
- Ideally in cloth or mesh bag
  - Unbreakable Plate, Bowl, and Mug
  - Knife, Fork & Spoon

It will be extremely easy to lose or mix up these items, consider marking them in some way and do not send anything that you cannot afford to lose.

- In a suitable toiletry bag. (Unlike at Wolf Creek girls will keep their toiletries with them in their tents)
  - o Wet Wipes,
  - o Deodorant
  - Toothbrush & Toothpaste.
  - Other Toiletries as necessary
  - Feminine hygiene products as needed
- Optional Items
  - Camera (This will be your camper's responsibility so please do not send a valuable camera or consider using a disposable camera)
  - Journal and pen/pencil.
  - A book that is not valuable.
  - Deck of cards or card game.

**DO NOT send ELECTRONICS**. There will be plenty to do. Camp is intended to be a wilderness experience without the distractions of everyday life. Cellphones and similar items should not be sent. There will be no power available to charge phones or other devices.

Please remember **DO NOT** send **candy or snack food**, there will be plenty to eat, and it attracts all sorts of unwelcome animal visitors.