

Archery Days

Sat Oct 1, Sat Oct 7 and Sun Oct 8

Derek's House (1635 Prairie Hawke Court, McKinleyville)

Fifth Grade and Up

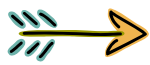
\$5.00 per session

Earn an Archery Badge by attending two sessions (additional \$5.00 cost).

Sunday Oct 1	Saturday Oct 7	Sunday Oct 8
1:00 – 3:00	10:00 – 12:00	12:00 – 2:00
3:30 - 4:30	12:30 – 2:30	2:30 – 4:30
	3:00 – 5:00	



Register online <https://archery-days.cheddarup.com>



Open Sessions (open to all scouts including beginners)

Designed for all scouts from the first time Archer to those who have developed skills. Beginners will learn the fundamentals of range safety, proper stance and basic shooting skills.

Intermediate archers will concentrate on achieving good groupings while focusing on improving body stance, consistency in anchoring, proper release technique and safety.

For more advanced girls, the focus will be on achieving more consistent arrow placement. They will learn to observe and understand arrow patterns. Learn about the body mechanics of archery, the role of different muscles and how to mindfully set up the perfect shot. Both compound and recurve bows will be used and for those that are ready, we will begin to introduce sights, stabilizers and finger slings.

WHAT TO WEAR & BRING – Event is outdoors so dress for weather

- Sturdy closed toe shoes
- Long pants, Sweat Shirt or Jacket
- Sun Screen (Just in case)
- Water bottle
- Hair tied back
- Positive Girl Scout Attitude

Questions call Cheryl 839-3714 or email info@redwoodgirlscouts.org

