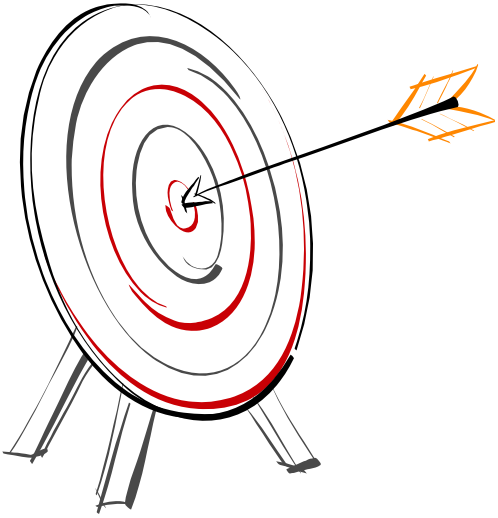


# Archery Day



**Sat Oct 9**

**Derek's House**

**(1635 Prairie Hawke Court, McKinleyville)**

**Fifth Grade and Up**

**\$5.00 per session.**



## **Open Sessions** (open to all girls including beginners)

Designed for all girls from the first time Archer to girls who have developed skills. Beginners will learn the fundamentals of range safety, proper stance and basic shooting skills.

Intermediate archers will concentrate on achieving good groupings while focusing on improving body stance, consistency in anchoring, proper release technique and safety.

For more advanced girls, the focus will be on achieving more consistent arrow placement. They will learn to observe and understand arrow patterns. Learn about the body mechanics of archery, the role of different muscles and how to mindfully set up the perfect shot. Both compound and recurve bows will be used and for those that are ready, we will begin to introduce sights, stabilizers and finger slings.

### **WHAT TO WEAR & BRING** – Event is outdoors so dress for weather

- Sturdy closed toe shoes
- Long pants, Sweat Shirt or Jacket
- Sun Screen (Just in case)
- Water bottle
- Hair tied back
- Positive Girl Scout Attitude

Questions call Cheryl 839-3714  
or email [info@redwoodgirlscouts.org](mailto:info@redwoodgirlscouts.org)

REGISTRATION

You can register online at <https://2022-09-archery.cheddarup.com>

Or complete following form.

Please indicate which sessions you plan to attend. (Space is limited and on a first come first served basis)

Your daughter must bring with her a copy of her GS Health History Form

Sun 10/9/2022	
<i>Select one only</i>	
Beginner 09:30 – 11:30	
Open Session 12:00 – 2:00	
Open Session 2:30 – 4:30	

**PAYMENT:**

**Mail with completed form to:**

1635 Prairie Hawke Ave  
McKinleyville, CA 95519

Please make checks payable to **GIRL SCOUTS**      TOTAL DUE      \$5.00

***Financial aid is available***

Girl Name \_\_\_\_\_ Troop # \_\_\_\_\_ Grade \_\_\_\_\_

Email Address \_\_\_\_\_ Phone # \_\_\_\_\_

Name of Parent/Guardian \_\_\_\_\_

Number where Parent/Guardian can be reached during event. \_\_\_\_\_

**PARENT/GUARDIAN PERMISSION:** The girl named above has my permission to attend the Archery session(s) at 1635 Prairie Hawke Ct on 10/9/2022 and to participate in all phases of the activities. She is in good physical condition. I give my permission for her to receive emergency first aid, medical or surgical treatment and to be hospitalized if necessary. I also give permission for photographs of our daughter to be used by Girl Scouts of Northern California for promotional purposes.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_