

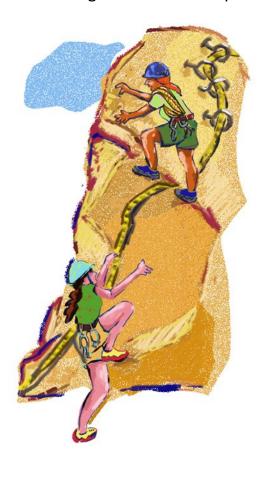
## **ROCK CLIMBING**

Legacy IP Badge
Sat Oct 16
Cadettes, Senior, &
Ambassador



Earn the Legacy Rock Climbing IP. On Saturday 10/16, you will discover ways to improve as a climber and learn technical skills like how to tie climbing knots, inspect climbing hardware such as harnesses, prussic loops, belay devices, carabineers, ropes and other gear. We will introduce you to basic rescue techniques and develop your skills as a belayer. To allow you to practice your skills we may be able to set up a day of climbing at Moonstone Beach more details to follow.

Final Completion of the IP requires a service project such as helping host a climbing event or a climbing information meeting for younger girls. Completing the Rock IP is a step toward becoming an effective camp CIT.





Open to Cadette, Senior and Ambassador Girl Scouts.

Sat 10/16 9 to 4:30pm in McKinleyville

Cost \$15, includes both sessions all gear and fees. Space is limited, first come first served.

For more information and to register call Cheryl or Derek 839 - 3714 or email djkingham@suddenlink.com