Rock Climbing IP

INFORMATION SHEET & PERMISSION SLIP

Pre-registration is required and space is limited. To register or for more information contact Derek Kingham 839-3714 or djkingham@suddenlink.net

<u>Saturday October 16</u> 9:00am- 4:30 pm All activities will take place at Derek Kingham's house.

1635 Prairie Hawke Court, McKinleyville (839-3714).

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- Good well-fitting athletic shoes.
- Dress for weather. Wear loose fitting clothing T Shirt & Long Pants
- Small backpack containing
 - Sweatshirt
 - Windbreaker
 - o Water Bottle
 - o Sun Screen
 - o Bring a **BAG LUNCH.**

Must bring completed permission slip (Below) and a copy of **Health History form with physical**

<u> </u>	financial aid available)	
the rock-climbing I	P Oct 16, 2016	has my permission to participate in
give permission for a	my daughter to receive emergency med every attempt will be made to contact in	us illness or operation since her last health examination. I lical or surgical treatment and to be hospitalized if necessarme, or the second person below, before taking this action.
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